## Manage Grains Ounce Equivalents Calculations

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As of October 1, 2021, the USDA requires that all grains served be recorded using ounce equivalents instead of standard units of measurement. This requirement applies to both the Bread/Alt and Infant Cereal components. To accommodate this policy, you must enter an ounce equivalent calculation for all Bread/Alt and Infant Cereal foods. This calculation determines the total ounce equivalents present in the food you are entering. This value will inform all quantities calculations performed for Bread/Alt and Infant Cereal foods in KidKare.

Note that there are weight differences between brands of the same food. For example, one slice of bread from Brand A may weigh 28g, but Brand B may weigh 45g. Staff can override your saved calculation to account for these differences so the proper amounts are served, unless you lock the calculation on the food list.

**Required Permissions:** You must be assigned to the **Director** or **Administrator** role to access the Food List page. If you are a sponsored center, your food program sponsor manages the food list.

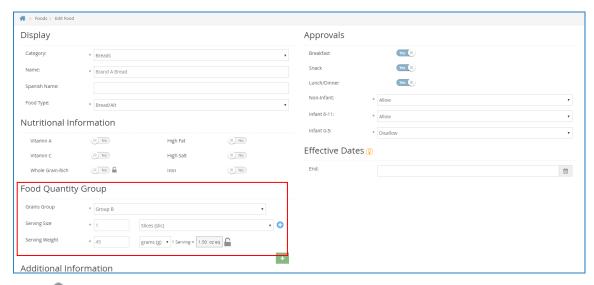
To add an ounce equivalent equation to existing grains on your food list:

- 1. From the menu to the left, click Menus/Attendance.
- 2. Click Food List. The Food List page opens.
- 3. Filter to the food items to update. There are two ways to do this:
  - If there are breads/grains missing the ounce equivalent calculation, a displays next to those items, and a banner displays at the top of the page. Click the banner to filter to only those breads/grains that are missing the calculation.



- Click the Bread/Alt tab to filter to breads and/or the Infant Cereal tab to filter to infant cereals. Items
  missing a calculation have a next to them.
- 4. Click the item to update. The Add/Edit Food page opens.
- 5. In the Food Quantity Group section:
  - a. Click the **Grains Group** drop-down menu and select the Exhibit A grains group to which this item belongs. You can view Exhibit A **here**. Note that if you are updating an Infant Cereal, this drop-down menu is locked to Group I (ready-to-eat cereals).
  - b. Click the **Serving Size** box and enter the standard serving size for this item. For example, if you are updating Brand B bread and the nutrition label says that one serving is one slice, you would type **1** in this box.
  - c. Click the corresponding drop-down menu and select the serving unit. Following our example, you would select **slice**. You can also click and enter a custom unit.
  - d. Click the **Serving Weight** box and enter the serving weight from the nutrition label in grams or ounces. Then, click the corresponding drop-down menu and select **grams (g)** or **ounces (oz)**. In our example, a serving of Bread A weighs 45g, so we enter 45 and select grams (g). Once you enter this

information, the **1 Serving** = box displays and shows the amount of ounce equivalents in one serving of this item.



- e. Click at to lock this calculation and prevent center staff from overriding it on the Daily Menu page,
  - if needed. Click igcap to lock it again.
- 6. Click Save. Repeat for each food you need to update.